

## Sarn Pop Up Dementia Hub



Sarn Library, Sarn Life Long Centre, Merfield Close, Sarn, Bridgend CF32 9SW

Open from 2pm to 3.30pm on Thursdays

**Come Join Us!** 

For fun free activities supporting those living with dementia and peer support for carers

## The Cefn Glas Pop Up Dementia Hub Supports

- People worried about their memory
- People who care about someone with a dementia
- Those diagnosed with dementia
- Those who care for someone living with dementia





0300 10 249 70 bdh@mhmwales.org









